

2023/24 WINTER CROSS COUNTRY - EMA

Date	Round	Location
4-May	Meet 1	Echuca
11-May	Meet 2	Moama
18-May	Meet 3	Echuca
25-May	Meet 4	Moama
1-Jun	Meet 5	Echuca
8-Jun	Relay champs (NO MEET)	
15-Jun	Meet 6	Moama
22-Jun	Meet 7	Echuca
29-Jun	Meet 8	Moama
6-Jul	NO MEET- SCHOOL HOLIDAYS	
13/14 -July	Regional XC (No MEET)	
20-Jul	Meet 9	Echuca
27-Jul	Meet 10	Moama
3-Aug	Club Championship	Echuca
10-Aug	State XC Champs (No MEET)	

Locations	
Echuca:	Crofton Street - (under bridge- behind footy oval)
Moama:	Rec Reserve - (behind dog park)

Meet day info: Events start at 9am - please arrive by 8:45am for registration and warm up
 All 2023/24 financial members are welcome to run XC, New members also welcome

Age group distances:

U6	500m
U7/8	1000m
U9/10	1500m
U11/12	2000m
U13 -17	3000m
Snrs U18 - 99	3000m